

# **Subject – CSLA & HSLA– Community Sports leadership Award & Higher Sports leadership Award**

## Summary of Course content

### **Year 1 – Community Sports Leadership Award**

- Planning, leading and evaluating sporting activities
- Developing leadership, communication and organization skills.
- First aid Qualification
- 10 Hours Sports leaders placement in the community.
- Helping PE department in key stage 3 lessons, promoting PE and the importance of a healthy, active lifestyle.
- I currently have students completing the following activities:
- Ballet classes, Football clubs, Netball clubs, Swimming coaching, Gymnastics lessons, Badminton lessons, Basketball lessons, Rugby lessons, Trampolining lessons, Cheerleading lessons and many more.

### **A2 level – Higher Sports Leadership Award**

Worth 30 UCAS points and looks excellent on any CV

- Lead sessions to improve fitness
- Helping PE department in key stage 3 lessons, promoting PE and the importance of a healthy, active lifestyle.
- Helping the PE department increase the number of sixth form students taking part in physical activity by helping in sixth form core PE lessons.
- Research provisions within the community
- Organise and lead a sports event or competition
- Research legal and ethical responsibilities when working with others.
- Lead a sports activity with children
- Lead a sports activity for older people
- Lead a sports activity for disabled people

## **Why you should consider studying the sports leader's courses?**

Gaining a Sports Leaders UK award or qualification is a great achievement, but for many this is just the beginning, not the end of a really fulfilling journey that can lead to a lifetime of volunteering, employment in sport, or a related area of work or further study. A sports leadership qualification can lead to many different opportunities in each and every one of these pathways.

Students will not only gain the award but also vital communication, organization and leadership skills. They will also play an important role in school of promoting healthy active lifestyles in younger years.

***Marissa Mason***  
***Head of Physical Education***