



# Food Learning Journey



New Ninja Air Fryers

Life skills cooking

Creating dishes from scratch

Your own fast food in under 1 hour !

Meal planning/budgeting



Soup and a roll



Meat pasty



Cod goujons and sweet potato chips with crushed minted peas



Pork souvlaki

Food commodities - prepare, cook and present meat, poultry, eggs and alternative protein sources

Planning a savoury meal



Katsu Curry

Food commodities - prepare, cook and present fruit, vegetables, rice, pasta ,bread and potatoes



Bacon carbonara with spaghetti

Vegetable and halloumi kebabs



Muesli pancakes with summer berry compote



International cuisine

Eatwell guide



Chicken wrapped in bacon



Cheese and herb scones



Mini veggie quiche

Pastry making and use of ready made pastry

Spinach, potato and chickpea curry



Chilli non carne with wraps and salad

Use of utensils and equipment

Shortcrust pastry



Sausage rolls



Victoria sponge cake

Cake making methods



Sausage Pasta



Chicken Chow Mein



Mac and cheese



Lasagna

Personal and kitchen hygiene

Food hygiene and safety



Burgers and sweet potato fries



Breadsticks

Year 12

