

GCSE Health and Social Care Learning Journey

You will learn to interpret physiological data, such as, blood pressure and look at what this might tell us about a person's health.



You will explore the factors that can have a positive or negative influence on a person's health and wellbeing

Unit 3 – Exam unit - Health and Wellbeing

What does being healthy actually mean? It can mean different things to different people: you might think 'healthy' is not having to visit the doctor but an older person might consider it being mobile and able to get out and about, being happy and having friends.

Learners will explore the skills and attributes that are required when delivering care, such as problem solving and empathy.

Learners will explore barriers that can make it difficult to use these services and suggest how these barriers can be overcome. Such as sensory or language barriers.

Year 11 – Continuation of unit 2 coursework and exam

Unit 2 – Coursework - Health and Social Care Services and Values

Learners will explore a range of healthcare conditions and how they can be managed by the individual and the different healthcare services that are available.



A range of Health and Social Care services will be looked at, such as: physiotherapists, cardiologists and services for young and old people.

Learners will explore how individuals can adapt or be supported through changes caused by life events. People may react very differently to the same type of event.

Learners will look at how the factors impact on the development of the person, physically, intellectually, emotionally and socially.

Learners will explore factors that can affect an individual's growth and development, such as: inherited conditions, smoking, grief, bullying and their environment.



Learners will explore life events that occur, such as: an injury, divorce, retirement or illness.

Understand human growth and development across the life stages and the factors that affect it.

Year 10 unit 1 and 2 Coursework Unit 1 - Human Lifespan and Development

Learners will explore how the different life stages develop physically, intellectually, emotionally and socially.

